

Position	Team No	Team Name	Time
1	599	Sanlam Boyz	1:19:17
2	762	VOB	1:19:45
3	509	Eerste River (Open Male)	1:19:53
4	695	ltheko	1:19:59
5		No club	1:20:07
6	647	VOB Junior Boys	1:29:09
7	730	Spartan Harriers Academy Team A	1:30:02
8	585	Cape Multi Sports - Red Army	1:30:16
9	542	Nedbank - Green mambas	1:32:22
10	572	MSA 6	1:34:55
11	618	Mitchels Plain Titans - Titanians	1:36:37
12	642	Langebaan Juniors (Boys)	1:36:38
13	650	VOB - Male B	1:37:09
14	657	Carbineers	1:37:37
15	639	Hantam High School	1:37:39
16	525	Edgemean -Naughty Boys(Open)	1:39:14
17	654	Carbineers - Ladies 1 (Open)	1:42:17
18	649	VOB - Female (Open)	1:43:34
19	640	Langebaan Juniors	1:43:52
20	531	Farnese	1:44:28
21	584	Cape Multi Sports - Red Army	1:45:02
22	554	Investec Team 2 - Atlantic	1:46:37
23	635	Velocity Juniors	1:47:44
24	645	Strandlopers Juniors	1:47:59
25	532	Farnese	1:48:48
26	512	Phoenix - Barends Five	1:49:03
27	731	Spartan Harriers - Academy Team B	1:50:31
28	641	Langebaan Juniors	1:51:10
29	529	Every Run	1:51:14
30	662	Carbineers Geriatric Men 1	1:51:24
31	673	ARD 40 + Male A	1:54:09
32	691	ATC - Running for Smoothies	1:54:45
33	702	Celtics E J Lanz	1:55:07
34	697	Beauvillion Juniors	1:55:26

Coca Cola League Participation

Club	Total
ARD	65
ATC	5
Atlantic	5
Bo Kaap	40
Cape Multi sport	10
Carbineers	50
Celtic Harriers	30
Century City	30
Durbanville	10
Edgemean	45
Eerste river	10
Elsies River	20
Farnese	25
Goodwood Harriers	10
Gugulethu	5
Houtbay	5
In Touch	25
ltheko	65
Mazaars	10
Metropolitan	10
Mitchels Plain Titans	10
MSA	40
MSM	15
Nantes	5
Nedbank	5
Old Mutual	40
Ommiedraai	15
Open Box Running Club	5
Parliament	20
Phoenix	5
Pick n Pay	5
Pinelands	20

35	718	Old Mutual	1:55:37
36	651	Ravensmead	1:56:29
37	648	VOB Junior Girls	1:56:30
38	757	Eerste River Junior	1:57:37
39		No Club	1:57:41
40		No club	1:57:44
41	696	Beauvillion	1:58:09
42	503	Two Oceans	1:58:20
43	543	GSR	1:59:01
44	555	Investec Team 3 - Atlantic	1:59:02
45	719	Old Mutual	2:00:40
46	606	Bo Kaap -Team Flash	2:01:13
47	717	Topforms - Diamonds	2:01:50
48	748	No club	2:01:52
49	604	Durbanville - Superbad	2:02:05
50	563	Mazaars AC	2:02:19
51	617	Yellow Jerseys -WPCC	2:02:27
52	658	Carbineers- Men 2 (Open)	2:02:29
53	545	Half Ten TS	2:02:39
54	660	Carbineers Geriatrics Ladies 1(40+)	2:02:46
55	727	Century City - Happy Feet	2:03:11
56	752	In Touch	2:03:20
57	754	ltheke	2:03:39
58	537	Flatlegends	2:04:30
59	750	In Touch	2:04:34
60	746	Century City	2:05:36
61	668	ARD - Junior Male	2:06:57
62	655	Carbineers- Ladies 2 (Open)	2:07:05
63	544	Goodwood Harriers (GWH)	2:07:14
64	548	Edgemead - Hell on Heels	2:08:02
65	676	ARD - Mix Team 1	2:08:12
66	587	Edgemead - Road Models	2:08:19
67	578	Pick n Pay	2:08:59
68	507	Pinelands - PACMEN	2:09:12
69	565	Mazaars - M-Power	2:09:24

Ravensmead	35
RWFL	30
Sanlam	10
Southern Striders	5
Spartan Harriers	45
Top Form	35
Velocity	5
VOB	25
WPCC	5

70	616	Old Mutual	2:09:30
71	535	Edgemead - Fitness & Friendship	2:09:34
72	663	Carbineers - Geriatric 2 (Men 40+)	2:09:53
73	755	No club	2:10:37
74	520	Club MSM 2 - Multisport	2:10:49
75	704	Celtic Harriers - E J Lanz	2:11:33
76	575	Open Box Running Club	2:11:43
77	539	Fusters	2:11:53
78	519	Club MSM 1 - Multisport	2:11:59
79	703	Celtic Harriers - E J Lanz	2:12:01
80	733	Spartan Harriers - Academy Team D	2:12:12
81	505	Pinelands - PACMIX	2:12:21
82	504	Two Oceans	2:13:05
83	735	Pinelands	2:13:51
84	652	Ravensmead	2:14:09
85	511	Mitchels Plain Titans	2:14:53
86	556	Investec Team 4	2:16:08
87	624	USB Relay 2	2:16:10
88	681	ARD - Mixed Team 6	2:17:07
89	674	ARD - 40+ Male B	2:17:25
90	627	USB Wolf Pack	2:17:47
91	693	Century City - Kevin Gough	2:19:05
92	760	Farnese	2:19:37
93	669	ARD - Open Female	2:19:39
94	564	Itheko - Maze Runners -Promenade	2:20:40
95	675	ARD - 40+ Male C	2:20:46
96	611	The Athletes	2:21:24
97	628	Itheko - USB Toprunners	2:21:27
98	521	Club MSM 3	2:21:35
99	598	RWFL Rondebosch	2:22:01
100		No club	2:22:05
101	577	Parliament Big 5	2:22:06
102	725	OMAC -White Team -Old Mutual	2:22:06
103	705	Celtic Harriers - E J Lanz	2:23:02
104	516	Bo Kaap - BKA Dream Team	2:23:11

105	517	Celtic Harriers	2:23:34
106	589	Atlantic - Run Baby Run	2:23:45
107	551	Houtbay Vet	2:23:47
108	523	Cyber Active #1	2:24:03
109	573	MSA 7	2:24:11
110	699	Elsies	2:25:08
111	580	Ravensmead- Ravies Men	2:25:15
112	562	Edgemead- Lost in Pace	2:25:38
113	524	Cyber Active #2	2:25:40
115	661	Carbineers - Geriatric 2 (Ladies 40+)	2:25:53
114	710	Topforms Team 1	2:25:53
116	630	Whalers AC - We run	2:26:12
117	631	Edgemeadv- WTF- Wheres the finish	2:27:01
118	558	Itheko Plidders	2:27:18
119	561	Kenzo	2:27:23
120	671	ARD - Team A (40+ Female)	2:27:32
121	594	Run time	2:28:03
122	607	Team H	2:28:03
123	722	OMAC - Bronze Team	2:28:44
124	741	Spartan Harriers Team E	2:28:50
125	659	Carbineers - Men 3(Open)	2:28:56
126	759	Farnese	2:29:13
127	518	Celtic Harriers	2:30:39
128	667	ARD - Junior Female	2:30:53
129	579	Project Assignment	2:31:47
130	678	ARD - Mix Team 3	2:32:01
131	609	Gugulethu - Team Orange 5	2:32:31
132	541	Itheko - Golden Oldies	2:33:08
133	711	Top Form - Team 2 (Mix)	2:33:28
134	758	No club	2:34:06
135	601	Two Oceans	2:34:25
136	588	Parliament - Rolling Legs	2:34:53
137	612	Bo Kaap - The Borr Pitte	2:35:00
138	712	Top Form - Team 3 (Mix)	2:35:03
139	605	Bo Kaap -Team extreme	2:35:36

140	656	Carbineers - Ladies 3 (Open)	2:36:30
141	590	Run the Kaap	2:37:13
142	721	OMAC	2:37:40
143	623	USB Relay 1	2:38:18
144	603	Speed Sold Seperately	2:39:16
145	756	No club	2:40:21
146	553	Investec Team 1	2:40:24
147	738	Spartan Harriers Team B	2:40:29
148	753	In Touch	2:40:50
149	569	MSA Team 3	2:40:58
150	515	Itheko- Aunty Beira's Biscuits	2:41:32
151	736	Spartan Harriers Team A	2:41:32
152	664	Norwood Primary	2:41:52
153	715	Top Form - Team 6	2:42:18
154	761	RWFL -Tableview	2:42:48
155	508	Goodwood Harriers	2:43:18
156	557	Century City - IPLODS	2:44:31
157	549	Sanlam -Herman's Hermits	2:44:32
158	615	Bo Kaap - The Fast & furious 5	2:44:55
159	536	Metropolitan - Five -a- side	2:45:02
160	728	OMAC	2:45:17
161	610	Bo Kaap - Team skrik vir niks	2:45:48
162	698	The Fantastic Juniors	2:45:57
163	586	RIM Team	2:47:16
164	672	ARD - Team B 40+ Female	2:47:29
165	560	Edgemead - Keitzman	2:47:57
166	522	Ommiedraai - Crew 7am	2:48:13
167	734	RWFL	2:49:20
168	720	Ommiedraai	2:49:34
169	666	Norwood Primary	2:49:41
170	550	Metropolitan- High 5	2:50:40
171	665	Norwood Primary	2:51:13
172	595	RWFL - Belville	2:51:21
173	713	Topforms - Team 4	2:51:23
174	729	Spartans -Elite Walking Team	2:51:53

175	743	Durbanville	2:52:05
176	506	Pinelands - PACWOMEN	2:52:39
177	533	Farnese	2:52:43
178	592	Runbase Cape Town	2:53:25
179	706	Itheke	2:53:31
180	513	Itheke 2.3 Oh ?	2:53:32
181	629	Itheke -WAMMZ	2:53:32
182	632	Zim 1	2:53:47
183	581	Ravensmead Ladies A	2:54:17
184	680	ARD - Mix team 5	2:54:38
185	502	Two Oceans	2:54:40
186	726	OMAC green Team	2:56:37
187	708	Drbville Parkrun-Meerkat	2:57:21
188	709	Drbville Parkrun-Bushbucks	2:57:22
189	608	Edgemead-Team Olckers	2:57:25
190	694	Jose Solisyperalta	2:57:47
191	613	Bo Kaap - The Charmers	2:58:12
192	707	Itheke - Shireen Ryklief	2:58:20
194	574	MSA 8	2:58:26
193	629	Itheke	2:58:26
195	570	MSA 4	2:59:20
196	571	MSA 5	2:59:43
197	552	Team Vitality - Ignite	2:59:51
198	614	Edgemead-The Fab Five	3:00:02
199	593	Running for Pads	3:00:08
200	744	RWFL	3:00:54
201	620	USB Coaching 18	3:01:01
202	724	OMAC Blue Team	3:01:05
203	740	Spartan Harriers Team D	3:02:04
204	546	Century City -Happy Feet	3:02:42
205	583	Ravensmead - Ravvy fast	3:02:51
206	626	USB Relay 8	3:04:13
207	566	Mr. Reinhausen	3:04:47
208	527	Elsies river Optifit	3:06:21
209	582	Ravensmead- Ravy easy	3:06:59

210	751	In Touch	3:07:09
212	600	Ommiedraai - SARAS	3:07:32
213	714	Top Form - Topform 5	3:07:57
214	747	Nantes	3:08:07
211	538	Bo Kaap -Four Boobs and a Dude	3:09:12
215	526	Elsies River Optifit	3:09:13
216	739	Spartan Harriers Team C	3:09:32
217	510	Ravensmead - Thunderbolt	3:10:22
218	679	ARD - Mix team 4	3:12:32
219	625	USB Relay 3	3:13:40
220	576	Parliament Warriors	3:13:43
221	528	Elsies River Optifit	3:15:39
222	597	RWFL Durbanville B	3:16:52
223	742	Parliament	3:17:26
224	596	RWFL Durbanville A	3:21:29
225	622	Century City -USB Happy Feet	3:23:38
226	540	Southern Striders - Go getters	3:23:55
227	530	Ex-Isled Walkers	3:25:06
228	567	MSA 1	3:29:13
229	568	MSA 2	3:29:30
230	701	No club	3:31:43
231	700	Save Foundation	3:31:44
232	621	USB Glam Girls	3:35:25
233	749	In Touch	3:36:53
234	559	Itheko	3:39:09