

Position	Name	Surname	TeamName	RaceNo	StartGroup	Sex	NetTime	TotLaps	Lap1	Lap2	Lap3	Lap4	Lap5	Lap6	Lap7	Lap8	Lap9	Lap10	Lap11	Lap12	Lap13	Lap14	Lap15	Lap16	Lap17	Lap18	Lap19	Lap20
1	Simphiwe	Vellem	RCSGUGS	10042	100KM	M	7:42:27	20	0:20:59	0:19:59	0:20:36	0:20:27	0:21:28	0:21:55	0:23:50	0:20:57	0:21:09	0:21:22	0:21:38	0:22:19	0:22:49	0:24:06	0:24:02	0:25:44	0:27:33	0:26:57	0:26:53	0:27:37
2	Leeroy	Hendricks	ITHEKO	10081	100KM	M	9:20:19	20	0:26:39	0:24:21	0:19:15	0:20:21	0:20:12	0:21:36	0:25:27	0:33:41	0:32:10	0:29:57	0:29:19	0:27:27	0:30:10	0:27:15	0:30:10	0:31:36	0:32:15	0:37:18	0:30:23	0:30:39
3	Rowen	Gloyne	VOB	10036	100KM	F	9:42:25	20	0:28:50	0:27:43	0:27:55	0:27:38	0:27:11	0:27:38	0:28:45	0:27:58	0:28:38	0:27:12	0:28:16	0:30:44	0:28:41	0:29:22	0:29:04	0:31:16	0:30:07	0:32:19	0:31:16	0:31:44
4	Jacques	Mouton	OUTENH	1009	100KM	M	10:13:08	20	0:24:34	0:25:35	0:23:55	0:23:41	0:23:39	0:23:44	0:23:56	0:24:27	0:24:33	0:24:53	0:27:52	0:36:16	0:43:00	0:42:37	0:38:47	0:37:00	0:37:23	0:37:00	0:35:47	0:34:19
5	Martha	Pretorius	NANTES	10033	100KM	F	10:16:13	20	0:26:38	0:26:01	0:26:27	0:26:40	0:27:39	0:28:28	0:29:38	0:29:53	0:30:32	0:31:02	0:32:07	0:34:03	0:32:47	0:33:08	0:33:00	0:33:49	0:34:23	0:34:35	0:31:42	0:33:30
6	Unathi	Solora	PINE	10025	100KM	M	10:48:14	20	0:26:51	0:25:46	0:26:29	0:26:27	0:26:48	0:26:58	0:27:17	0:29:11	0:30:04	0:30:45	0:34:33	0:31:18	0:38:06	0:37:01	0:35:46	0:36:23	0:37:03	0:42:41	0:40:50	0:37:47
7	Zethena	October	RAVENS	10012	100KM	F	11:04:45	20	0:31:04	0:29:50	0:29:13	0:30:05	0:30:05	0:30:35	0:30:58	0:32:29	0:32:15	0:32:27	0:31:47	0:35:29	0:34:45	0:34:53	0:35:22	0:40:30	0:36:47	0:37:15	0:34:39	0:34:06
8	Joseph	Johannes	RCSGUGS	10066	100KM	M	11:04:46	20	0:22:34	0:21:52	0:22:07	0:22:54	0:23:23	0:24:24	0:26:18	0:30:32	0:45:02	0:35:18	0:39:21	0:42:34	0:34:41	0:34:20	0:37:07	0:43:43	0:52:27	0:37:14	0:34:38	0:34:09
9	Quintus	Van Rensburg	BELL	10046	100KM	M	11:07:06	20	0:30:38	0:30:11	0:29:23	0:29:53	0:29:15	0:29:01	0:29:32	0:29:08	0:30:13	0:30:08	0:31:48	0:33:23	0:43:49	0:40:07	0:39:53	0:37:12	0:35:54	0:40:30	0:36:34	0:30:26
10	Anita	Engelbrecht	BELL	10047	100KM	F	11:08:35	20	0:28:39	0:28:04	0:28:38	0:27:53	0:29:07	0:37:57	0:33:21	0:29:35	0:37:51	0:28:48	0:53:09	0:31:40	0:37:31	0:32:51	0:40:23	0:31:04	0:30:48	0:33:08	0:37:03	0:30:56
11	Hilton	Murray	BELL	10045	100KM	M	11:08:35	20	0:28:40	0:28:04	0:28:38	0:27:53	0:29:07	0:37:58	0:33:21	0:29:35	0:37:51	0:28:48	0:53:09	0:31:40	0:37:30	0:32:51	0:40:23	0:31:04	0:30:48	0:33:08	0:37:03	0:30:56
12	Thabo	Matsaseng	BELL	1004	100KM	M	11:19:34	20	0:31:40	0:27:56	0:28:39	0:29:04	0:28:51	0:30:07	0:29:44	0:31:33	0:32:55	0:34:02	0:36:19	0:36:25	0:35:14	0:37:24	0:38:55	0:38:36	0:37:38	0:37:38	0:38:00	0:38:47
13	Stiaan	Olivier	BELL	10019	100KM	M	11:24:11	20	0:30:35	0:29:41	0:29:28	0:29:40	0:29:55	0:29:25	0:30:36	0:32:30	0:33:29	0:33:45	0:38:38	0:35:47	0:36:21	0:37:28	0:38:30	0:38:18	0:38:29	0:36:45	0:37:14	0:37:26
14	Peter John	Moses	CARB	1001	100KM	M	11:51:55	20	0:24:21	0:24:02	0:25:53	0:26:37	0:27:34	0:30:06	0:30:21	0:31:46	0:32:28	0:32:33	0:34:55	0:35:11	0:37:22	0:43:12	0:54:10	0:40:22	0:42:16	1:07:31	0:33:51	0:37:17
15	Taderera	Takunda	CCAC	10077	100KM	M	11:54:54	20	0:30:27	0:27:29	0:27:35	0:27:29	0:28:07	0:31:39	0:32:26	0:34:16	0:35:58	0:42:23	0:40:50	0:39:58	0:41:20	0:45:13	0:45:56	0:38:24	0:40:50	0:38:05	0:30:29	0:35:52
16	Kanakana	Mushanganyisi	PINE	10064	100KM	M	12:11:55	20	0:26:51	0:25:46	0:26:28	0:26:36	0:27:14	0:28:11	0:29:15	0:31:43	0:34:15	0:38:23	0:43:32	0:38:57	0:40:10	0:48:52	0:40:30	0:41:40	0:47:35	0:44:12	0:45:22	0:46:15
17	Joseph	Sekula	KUDUMAN	10062	100KM	M	12:16:52	20	0:31:48	0:23:06	0:23:53	0:24:35	0:24:59	0:26:03	0:26:54	0:33:04	0:42:20	0:38:15	0:42:37	0:59:59	0:36:59	0:37:59	0:32:49	1:08:59	0:47:06	0:45:46	0:35:10	0:34:23
18	Johann	Kotze	WHALERS	10073	100KM	M	12:21:13	20	0:32:13	0:32:31	0:32:12	0:32:13	0:32:40	0:34:23	0:34:07	0:34:42	0:36:58	0:36:12	0:42:41	0:38:32	0:41:08	0:39:42	0:38:49	0:38:17	0:40:26	0:41:24	0:40:55	0:41:00
19	Fundi	Sandi	RAVENS	10044	100KM	F	12:25:40	20	0:32:20	0:30:09	0:30:04	0:32:44	0:32:59	0:32:58	0:35:12	0:37:20	0:36:58	0:39:35	0:42:00	0:43:07	0:39:33	0:42:15	0:39:30	0:39:56	0:42:14	0:39:52	0:37:54	0:38:50
20	Ratlali	Finger	KRAAI	10072	100KM	M	12:52:48	20	0:35:28	0:30:58	0:30:02	0:29:14	0:32:36	0:32:09	0:34:19	0:34:38	0:42:46	0:38:02	0:41:42	0:39:59	0:42:51	0:48:29	0:40:13	0:44:37	0:47:25	0:44:57	0:41:10	0:41:03
21	Jean-Pierre	Smit	BELL	10014	100KM	M	13:01:19	20	0:29:04	0:27:00	0:31:49	0:29:00	0:30:26	0:35:56	0:38:38	0:37:51	0:41:04	0:43:21	0:51:18	0:41:05	0:43:31	0:45:21	0:53:32	0:39:42	0:40:51	0:40:45	0:40:13	0:40:42
22	Marius	Scholtz	BRACKEN	10059	100KM	M	13:12:27	20	0:35:31	0:33:09	0:30:22	0:31:29	0:31:22	0:34:11	0:38:35	0:30:58	0:38:29	0:34:59	0:49:55	0:38:37	0:39:52	0:35:39	0:39:36	0:44:09	0:42:12	0:49:22	0:54:35	0:59:16
23	Riaan	De Villiers	MTD	10061	100KM	M	13:13:37	20	0:34:00	0:29:56	0:29:30	0:29:52	0:35:26	0:34:27	0:39:05	0:38:44	0:45:18	0:41:17	0:49:17	0:39:51	0:44:14	0:42:16	0:43:24	0:45:38	0:47:06	0:42:19	0:43:02	0:38:46
24	Reganald	Crowster	TNLCACR	10011	100KM	M	13:19:57	20	0:29:10	0:29:52	0:32:39	0:32:07	0:36:27	0:36:06	0:38:34	0:38:27	0:41:46	0:42:19	0:51:33	0:42:16	0:39:45	0:39:45	0:40:05	0:41:57	0:45:46	0:49:03	0:46:32	0:45:38
25	Adam	Papier	BRACKEN	10029	100KM	M	13:41:33	20	0:41:01	0:41:35	0:35:01	0:36:11	0:35:46	0:37:34	0:37:05	0:41:07	0:39:49	0:38:00	0:57:20	0:40:42	0:42:59	0:45:49	0:42:19	0:39:14	0:39:26	0:41:40	0:43:45	0:45:00
26	Steph	Kretzmann	BZRBOR	1007	100KM	F	13:45:19	20	0:34:19	0:33:11	0:36:20	0:38:13	0:35:44	0:37:27	0:38:58	0:39:23	0:39:37	0:40:33	0:41:50	0:43:32	0:46:27	0:44:38	0:45:58	0:44:54	0:50:09	0:45:41	0:46:42	0:41:35
27	Celso	De Nobrega	DURBAC	10032	100KM	M	13:47:27	20	0:34:27	0:33:37	0:33:57	0:35:06	0:35:24	0:38:03	0:37:51	0:41:01	0:43:53	0:47:39	0:49:41	0:47:21	0:43:01	0:44:53	0:43:44	0:40:21	0:42:24	0:43:12	0:46:51	0:44:53
28	Leon	Visser	BRACKEN	1002	100KM	M	13:54:16	20	0:31:12	0:29:34	0:30:15	0:35:35	0:34:35	0:47:43	0:40:05	0:44:28	0:44:03	0:45:54	0:47:38	0:44:39	0:46:39	0:55:14	0:42:07	0:44:30	0:41:28	0:43:24	0:42:35	0:42:31
29	Ric	Marini	RAC	10075	100KM	M	13:55:53	20	0:39:16	0:36:53	0:35:52	0:39:40	0:36:40	0:39:19	0:38:57	0:38:32	0:43:21	0:40:07	0:45:27	0:41:00	0:44:37	0:42:42	0:48:04	0:42:49	0:48:59	0:43:44	0:43:56	0:45:49
30	Inge	Winter	CCAC	10051	100KM	F	14:15:12	20	0:35:45	0:36:08	0:38:19	0:33:56	0:44:38	0:46:09	0:49:38	0:48:30	0:41:44	0:45:33	0:37:54	0:47:11	0:38:48	0:43:13	0:45:05	0:45:05	0:40:13	0:42:43	0:46:03	0:48:28
31	Bertie	Cloete	CCAC	10071	100KM	M	14:15:13	20	0:35:45	0:36:20	0:36:49	0:35:14	0:44:39	0:46:09	0:49:37	0:48:29	0:41:45	0:45:33	0:37:59	0:47:07	0:38:49	0:43:03	0:45:14	0:45:04	0:40:13	0:42:43	0:46:03	0:48:29
32	Zaheer	Jacobs	TOPFORM	10079	100KM	M	14:20:01	20	0:35:03	0:30:44	0:30:41	0:33:54	0:31:34	0:30:46	0:36:04	0:48:09	0:42:04	0:51:43	0:50:12	0:44:28	0:46:44	0:52:37	0:46:33	0:47:00	0:44:24	0:46:51	0:52:19	0:58:05
33	Gregory	Crowder	TELKWP	10018	100KM	M	14:26:51	20	0:27:38	0:26:02	0:25:47	0:25:46	0:26:50	0:30:26	0:41:29	0:40:27	0:46:14	0:42:31	0:53:20	0:41:40	0:50:31	1:22:12	0:37:35	0:42:39	1:07:12	0:54:32	0:52:41	0:51:12
34	Sam	Cima	SANDFWP	10063	100KM	M	14:41:00	20	0:39:33	0:41:33	0:41:02	0:41:43	0:40:07	0:40:12	0:41:21	0:40:32	0:42:09	0:43:55	0:48:59	0:45:59	0:48:20	0:50:19	1:09:53	0:47:48	0:39:17	0:39:14	0:39:10	0:39:46
35	Eugene	Lekay	BRACKEN	10060	100KM	M	14:51:58	20	0:39:46	0:31:18	0:40:21	0:35:47	0:42:07	0:52:58	0:41:41	0:49:17	0:50:10	0:46:55	0:47:48	0:43:32	0:46:10	0:54:54	0:43:42	0:46:35	0:44:52	0:46:41	0:46:54	0:45:41
Nozipho	Bongelo	CCAC	10065	100KM	F	13:40:32	19	0:30:58	1:17:09	0:37:45	0:36:07	0:37:40	0:37:27	0:41:51	0:40:32	0:43:22	0:45:31	0:46:36	0:41:34	0:46:27	0:42:29	0:41:41	0:43:21	0:41:44	0:45:19	0:42:52		
Graham	Jooste	BRACKEN	10069	100KM	M	14:29:13	19	0:35:03	0:36:24	0:32:27	0:37:21	0:39:26	0:55:17	0:38:47	0:50:12	0:42:18	1:00:28	0:43:22	0:46:53	1:00:54	0:44:38	0:46:14	0:44:09	0:48:15	0:51:44	0:45:13		
Shahmieg	Allie	ODF	100178	100KM	M	14:40:51	19	0:41:29	0:37:10	0:37:53	0:40:23	0:40:55	0:48:46	0:52:20	0:44:11	0:49:35	0:47:01	0:50:26	0:43:42	0:47:46	0:49:04	0:46:12	0:43:32	0:51:57	0:49:18	0:59:02		
Donald	Ross-Watt	FHOEK	10070	100KM	M	14:57:06	19	0:37:05	0:34:08																			